

Our Vision:

To achieve safe and independent lifestyles for women and their children , free from the fear of violence and abuse.

What we offer:

- Crisis intervention—no appointment necessary
- Short term support & counselling
- Information & Referral
- Practical & financial support
- Outreach Support
- Young Parent Support
- Intensive Family Support
- Groups
- Housing
- Resources

HOW TO CONTACT US :

Phone: 4051 9366

12 Scott Street, Parramatta Park

Opening Hours

Monday, Tuesday, Thursday — 9am to 4pm

Wednesday - 9.30am to 4pm

Friday — 9am to 1pm

Funded by the Department of Communities

USEFUL NUMBERS

Domestic violence

24hr DV Line 1800 811 811

Cairns DV Service 4040 6100

Warringu Shelter 4051 1917

Counselling/Support:

Lifeline 131114

Centacare 4051 9511

Housing:

S.H.A.C. 4046 8000

Access Housing 4031 6702

Tenancy Advice 4031 3194

Legal:

Women's Legal Service 4041 0066

Community Legal Centre 4031 7688

Legal Aid Telephone 1300 651 188

Youth:

Youthlink 4031 6179

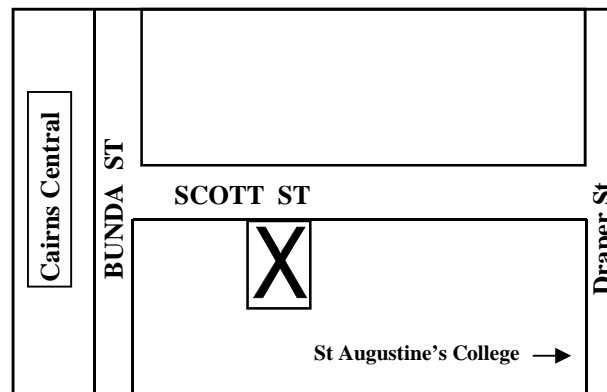
St Margaret's House 4033 2678



A confidential and free support service for women and their children



How to find us



Ph: 07 4051 9366
Fax: 07 4031 6750
Email: wirc@wirc.org.au
12 Scott Street,
P.O. Box 86-B, Bungalow 4870
Email: wirc@wirc.org.au

Services Offered

Crisis Support

We provide a safe and friendly space where women can explore and discuss options. We offer crisis and short term counselling. You can phone or visit us to talk about a range of issues that impact on your safety and housing. Appointments are not necessary

Information, Referral & Resources

We provide information, referral and options to enable women to make informed choices. We have a range of information that is relevant to women's lives. We can make referrals to relevant services. Practical & financial assistance is also available.

Young Mothers Support

We have a specific support service for women under 25 years old who are parenting or pregnant. We work with young mothers to strengthen their parenting skills so they can take control of their lives and move towards self-sufficiency and independence. We offer emotional & practical support including outreach and home based services. Our playgroups & social groups provide an opportunity to meet other young mums. We also have 4 units of long term and medium term accommodation.

Groups

We run a variety of groups and workshops including domestic violence support groups and self empowerment groups. In our groups, women have the opportunity to:

- meet other women & share common experiences
- receive emotional support, information and practical help
- explore their situation and make decisions in a supportive, non-judgemental atmosphere
- learn about practical tools of empowerment for making positive and permanent changes in their life.

All our groups are free and are run during the day.

Intensive Family Support

Our early intervention and prevention program supports families to protect children. Outreach workers provide intensive support to clients with children 0-18 years who are 'at risk'. We work with you to build resilience, strengthen your family and reduce risk. We provide practical outreach or home based services and work collaboratively with a range of community and government services.

Practice Principles

- We believe that women and their children have the right to live free from violence and abuse.
- We believe that women and their children are entitled to the opportunity to have their basic needs met.
- We aim to assist women as individuals, while recognising their resources and strengths.
- We focus on supporting women experiencing violence, homelessness and poverty.
- We work to address injustice where it affects our clients.
- We work as part of a community network
- We provide a service that is based on feminist principles.

*For any of these services or for further
information
Phone 4051 9366*